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slancaa.gu100.de 2 among varying

body sizes. Gross- Total

consumption rate under any

circumstances, either in absolute or

relative. Net- Consumption rate

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above resting oxygen uptake. RER and RQ. RER-Respiratory Exchange Ratio. Ventilatory measurement.

Reflects gas exchange between lungs and pulmonary blood. 0.7 = Fat. ACSM Metabolic

Calculations The Basal Metabolic Rate (BMR) Calculator estimates your basal metabolic rate—the amount of energy expended while at rest in a neutrally temperate environment, and in a post-absorptive state (meaning that the digestive system is inactive, which requires about 12 hours of fasting).

US Units. Metric Units. Other

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by page. Metabolic

Calculations—Simplified Metabolic rate is the rate of energy expended per unit of time. It's one way to describe the intensity of an exercise or activity. One MET is the energy you spend sitting at rest — your resting or... What Are METs, and How Are They

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production or ingestion vs decreased acid excretion or loss of  $\text{HCO}_3^-$  - you can calculate the anion gap. The normal anion gap varies with different assays but is typically between 4 to 12 mmol/L. Anion gap formula:  $\text{Anion gap} = \text{Na}^+ - (\text{Cl}^- + \text{HCO}_3^-)$  ABG Interpretation | A guide to understanding ABGs | Geeky ... The BMR Calculator will calculate your Basal Metabolic Rate (BMR); the number of calories you'd burn if you stayed in bed all day. If you've noticed that every year, it becomes harder to eat whatever you want and stay slim, you've also learnt that your BMR decreases as you age. BMR Calculator Buy Metabolic Calculations Simplified by David P. Swain (1997-08-01) by David P. Swain; Brian C. Leutholtz (ISBN: ) from Amazon's Book Store.

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