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motivate them to transform from risk-averse to risk-takers. The Heart of Change PDF Summary - John P. Kotter & Dan S ... I would urge anyone going through a difficult time to contact The Heart of Change. Rosie is one of the kindest, most generous and understanding people I have ever met and I can say with my hand on my heart that she has helped me to make those all important changes that have completely transformed the way I feel about myself. About – The Heart of Change Again and again in our lives, we stand at a junction – questioning which path to take. How can we know where to go, which path enables us to live a life which is enriching and sense-making both for ourselves and for society? And if we know, how can

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yet provocative answer to this question, forever altering the way organizations and individuals approach change.

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